



# Pettis County

## HEALTH CENTER

### COVID TESTING INFORMATION

1. If you are testing today because you are ill, have been exposed to a positive case or are concerned you have been exposed **STAY AT HOME AWAY FROM EVERYONE UNTIL YOU ARE NOTIFIED OF YOUR TEST RESULTS.**
2. If your test results are positive, stay home until contacted by the Pettis County Health Center. We are receiving a lot of positive cases and we are calling people as soon as we can. At a minimum, you need to plan to stay home for 10 days from your test date.
3. If you need a notification for your employer or your child's school, send an email to [pchcsite@gmail.com](mailto:pchcsite@gmail.com). In the email, state your name, your employer, who to contact at your work site, your test date and a phone number where you can be reached. If you do not have email, you can send a text to 978-653-0119. We will notify your employer/school that you will be out 10 days from the test date. The date may change after you talk to a case investigator.
4. Notify your close contacts that they have been exposed to COVID-19. This includes people you work with, go to church with, people who attended a party or social event with you and family members who you have visited with 2 days before you became sick or were tested. A close contact is being within 6 feet of someone for a total of 15 minutes. Those contacts where both people were not wearing a mask should be contacted first. If your contact needs a letter for work or school, have the contact send an email to [pchcsite@gmail.com](mailto:pchcsite@gmail.com) or text 978-653-0119 and include your name, the name of the contact, a good phone number for the contact, the employer of the contact and who to send the information to at the work site.
5. Please answer your phone. The phone number for the Health Center is 660-827-1130 or a variation of that number. On nights and weekends that number will be different. We want to check on you to make sure you are doing OK and do not need additional medical care. We also need to collect information to let you know when you can be released from isolation. We can not provide this care if you do not answer your phone.
6. Stay separate from everyone who lives in your house. This includes sleeping arrangements, meals and other times when people are together. Not staying apart will extend the quarantine of your household contacts from 10 days to as long as 24 days. If you must be in the same space you must wear a mask. Household contacts need to wear a mask if they are within 6 feet of you. Most of the spread we are seeing is within households.
7. The community needs your help to follow these instructions so we can slow the spread of the virus. Leaving home while in isolation is not only against the law, but causes harm to those around you. With everyone's help we can slow the spread of the virus.