

Pettis County Health Center
Annual Report 2018

Strategic Issue	Goals	Implementation tactics	Resources	Timeline Responsible Party	Evaluation
1. Chronic Disease	1. Decrease in tobacco use	<p>1a. Work with youth group on strategies to reduce initiation of tobacco use.</p> <p>b. Address increase of e-cigarette usage and work with elected officials on possible revisions to ordinance</p> <p>c. Explore ordinance to increase age of tobacco purchase to 21 years of age (Evidence based)</p> <p>d. Identify need for additional trained providers of smoking cessation programs in the county</p> <p>e. Work through Workplace Wellness Coalition on tobacco use reduction</p>	<p>1a. Utilize CDPP funds to address required tobacco use reduction</p> <p>b and c. Continued networking with elected officials. Possible survey to identify community sentiment</p> <p>d. Possible funds to send trainer to American Lung Association program</p> <p>e. Resource materials</p>	<p>a. 2015-2016 2016-2017 MCH program nurse</p> <p>b-c 2017 Administrator</p> <p>d. 2016 Nursing</p> <p>e. 2016-2017 Administrator</p>	<p><i>We completed the contract requirements for reduction of tobacco usage with a program with Boys and Girls Club. Since the passage of the indoor smoking ordinance in Sedalia, there has been decreased interest in working on tobacco issues. The smoking rate has been decreasing in Pettis County. We are currently including tobacco use in the general category of substance abuse prevention, which is being addressed by Adolescent Health Coalition.</i></p>
	2. Participate in implementation of community action plan to address obesity and lack of physical activity .	<p>2 a. Identify those areas of Healthy Community Partnership (HCP) plan which PCHC is identified to implement</p> <p>b. Support Healthy U</p> <p>c. Expand Eating from the Garden/Community Garden program</p> <p>d. Support community center through Health Impact Assessment (HIA)</p> <p>e. Implement demonstration</p>	<p>a. Staff time</p> <p>b. Provide financial support to Health U as well as staff time for coaches.</p> <p>c. CDPP grant provides support for community gardens. Work with WWC partners and schools.</p> <p>d. Staff time for HIA review and promotion</p> <p>e. Utilize CDPP funds to</p>	<p>a. 2015-2017 Administrator WIC Coordinator Nursing</p> <p>b. 2015-2017 Nursing</p> <p>c. 2015-2017 Nursing,WIC Administrator</p> <p>d. 2015-2016 Administrator</p> <p>e. 2015-2016</p>	<p><i>The Blue Ribbon Health and Wellness Committee has agreed upon a community health improvement plan focused on decreasing the incidence of diabetes. This has been a very slow process, but there is enough of an outline to finish plan development. We have continued to support the community center, but at this time, there is no further movement at the City level.</i></p>

		project for 12345 Fit Tastic in partnership with faith based community and school	implement project	Administrator	
	3. Development of workplace wellness coalition	a. Continue monthly planning meetings b. Continue quarterly coalition meetings c. Increase active participants in coalition	a-c Coalition supported by HEAL funds	2015-2017 Administrator Staff dedicated to HEAL project	<i>a-c There has been very little interest in the Workplace Wellness Committee this year. The one program was not well attended. The Health Educator has tried to work on getting the group re-established, but has not had success in getting the group to engage.</i>
	4. Smoking among pregnant WIC clients	a. Monitor smoking pregnant clients through WIC b. Encourage participation in smoking cessation programs c. Pursue enrollment in program to provide diapers for women who stop smoking	a-b WIC funds c PCHC resources	a-b 2015-2017 WIC staff c 2016 Nursing	<i>a-b WIC staff discuss tobacco use cessation with all WIC clients and encourage participation in cessation programs. No requests for individual program for WIC clients c. We do not fit the requirements for the diaper program at this time.</i>
	5. Breastfeeding sustainment rate	a. Support Baby Café b. Encourage establishment of lactation areas in businesses	a WIC funds and community donations b HEAL funds	a-b 2015-2017 WIC staff and Breastfeeding Coalition	<i>a-b Baby Café has reduced hours to one evening a week, due to challenges with staffing and attendance. The Breastfeeding Coalition has continued to work with community businesses, but there are not many additional businesses expressing interest. This program has been successful in increasing the number of businesses providing space.</i>

	<p>6. Social determinants of health</p>	<p>a. Complete HIA on housing issues b. Work with coalition on emergency shelter and sustainable housing c. Monitor socio-economic status indicators in the county</p>	<p>a-c PCHC resources</p>	<p>a 2015 – Intern with Administrator b-c 2015-2017 Administrator</p>	<p><i>a. The rental inspection committee terminated with the change in mayors. The administrator has been an active participant with Pillars of Pettis County to address homeless issues. The group has been trying to establish a shelter for young women, but have encountered zoning difficulties with the house that was donated to the group. There is an interest on the part of the city to be part of a homeless coalition.</i></p>
	<p>7. Chronic mental health issues</p>	<p>a. Continue to serve on Stepping Up initiative committee to address mental health issues in jail population b. Identify strategies to improve mental health services in collaboration with current mental health service providers c. Work with community groups to address funding options for improving mental health services</p>	<p>a-b PCHC resources c. Identify grant opportunities available through partnership with other agencies</p>	<p>a-b 2015-2016 Administrator c 2016-2017 Administrator</p>	<p><i>The federal BJA grant has started. The program has two components, the diversion program and the jail component. There has been more success at this time with the clients in the diversion program. A significant impact of this grant is having the community mental health center and the substance abuse providers with the FQHC, health center, law enforcement and judicial system all working together to provide support for individuals with mental health issues who have contact with the justice system.</i></p>

2. Injury prevention	1. Lead the West Central Missouri Safe Kids Coalition to reduce unintentional injuries to children in the county.	a. Sponsor Safe Kids Day and other activities to promote safety for children b. Focus on bike safety per the MCH focus	a. Safe Kids work is covered by Safe Kids grant and MCH contract funds b. MCH contract funds	a-b 2015-2017 MCH program coordinator Safe Kids Coordinator	<i>Safe Kids continues to provide significant services in the county, particularly in the area of car seats and bike helmets. The Health Educator has been able to attend more community events than previously possible. The MCH contract with focus the work on reducing adolescent injury related to distracted driving, which will include substance abuse, seat belts, texting while driving and the associated policies. We have also been able to provide pack and plays to have safe place for newborns to sleep.</i>
	2. Work with county groups addressing issues related to unintentional drug overdoses	a. Partner with Sheriff's department and Coroner's office to monitor overdoses b. Work with Adolescent Health Coalition on Community Readiness assessment	a. PCHC resources b. MCH contract funds	a. 2015-2017 Administrator b. 2015-2017 MCH, Nursing	<i>A new community group is forming to reduce substance abuse in the community. This work fits well with the Mental Health program and the MCH contract. We will continue to work on this area.</i>
	3. Work with Sedalia Senior Center to address injury prevention in the senior population to include fall prevention and driving safety.	a. Work with Senior Center director to assess opportunities for educational programs on fall prevention and driving safety b. Coordinate provision of educational programs as requested c. Explore options at senior living facilities	a-c PCHC resources	a. 2016-2017 Nursing	<i>We are continuing the LEAP program with the Senior Center and have done outreach to promote the program. We have promoted safe driving programs through posters in the lobby. We continue to respond to requests for assistance from the Senior Center.</i>
3. Improve adolescent health and mental health	1. Work with community partners to provide effective contraception services to the at	a. Assess need for provision of LARC in the community b. Assess continued need to provide family planning services in the community	a-b PCHC resources	2016-2017 a-b Nursing	<i>Women's health services are declining as more women have health insurance. There has not been the progress on this issue that needs to be made.</i>

risk adolescent population.					
2. Work with the Adolescent Health Coalition to decrease the rate of STD.	<ul style="list-style-type: none"> a. Provide educational outreach to students on reproductive health issues b. Increase opportunities for condom distribution c. Continue TOP program 	<ul style="list-style-type: none"> a-b PCHC resources c TOP contract funding 	<ul style="list-style-type: none"> a-c 2015-2017 Nursing 		<p><i>a. Reproductive health classes are continuing at Sedalia junior and senior high schools. The change to walk in services has facilitated the number of clients served for STD testing and treatment. The educational curriculum was revamped this summer by a community health education student. The new curriculum will be implemented this fall.</i></p> <p><i>STD numbers are continuing to increase. Data for 2016 – Chlamydia 172, Gonorrhea 28, Syphilis 3, 2017- Chlamydia 210, Gonorrhea 39, Syphilis 5. We are seeing more clients coming for testing and treatment. We believe this is associated with changing to walk in service rather than appointments.</i></p>
3. Work with the Adolescent Health Coalition to develop a strategic plan to address adolescent mental health/substance abuse issues.	<ul style="list-style-type: none"> a. Apply for ACT funding to support strategic plan b. Conduct community readiness assessment to determine community awareness related to substance abuse issues c. Identify opportunities to work with parents and other adults to reduce substance abuse 	<ul style="list-style-type: none"> a. ACT funding received for 2015-2015 b. PCHC resources c. ACT funding 	<ul style="list-style-type: none"> a. 2015-2016 Administrator b-c 2015-2016 Adolescent Health Coalition 		<p><i>We received a Safe Kids grant to provide OTC medication education for 5-6 grade students to promote safe medication use with the hope of reducing experimentation. There have been more mental health services available in the community – Burrell Behavioral Health has a program to provide counselors in schools (Sedalia and Smithton), Katy Trail received a Zero Suicide grant to develop a program in conjunction with Bothwell, Sedalia</i></p>

					<i>School District and Burrell to provide counselors for those released from the ED following a suicide attempt/gesture. We did not receive the ACT MO grant for 2018-2019.</i>
	4. Work with the Adolescent Health Coalition to provide education on adolescent health issues through local schools and youth serving groups.	a. Continue reproductive health classes in schools b. Implement strategic plan for substance use reduction	a. MCH contract funding b. ACT funding	a-b 2015-2016 Adolescent Health Coalition	<i>Reproductive health classes continue. As above. There is no longer ACT funding available. MCH funding is limited to injury prevention, but time can be supported through CHIP funding.</i>
4. Integrate PCHC in population health improvement strategies	1. Advocate for public health in new care delivery systems being developed within Pettis County	a. Continue to serve on Blue Ribbon Health and Wellness planning committee b. Monitor developments related to BRHC partnership with health care delivery partners c. Participate in Healthcare Coalition leadership opportunities	a-c PCHC resources	2015-2017 a-c Administrator	<i>There has been minimal integration with BRHC in the area of health care delivery. Access to health care is one of the areas being addressed in the Community Health Improvement Plan. We will continue to advocate for more active participation by BRHC in the discussions about health care delivery in the county.</i> <i>Healthcare Coalitions are focused primarily on emergency response, but also provide opportunities to understand how other communities are addressing delivery systems.</i>
	2. Continue to work with elected officials, community	a. Participate in community leadership events such as leadership breakfast, Chamber of Commerce, United Way	a-b PCHC resources	2015-2017 a-b Administrator	<i>a. Present monthly at Sedalia Chamber of Commerce breakfasts to highlight work of PCHC. Attend monthly leadership</i>

	<p>leaders and community members to emphasize the importance of public health services in the overall well-being of the community.</p>	<p>b. Work with BRHC to conduct community assessment and publicize results</p>			<p><i>breakfasts, serve on United Way board, and emergency shelter board.</i> <i>b. Bothwell provided the community education on the community health assessment.</i></p>
	<p>Provide primary prevention, screening services and communicable disease services to fill unmet needs within the community.</p>	<p>a. Assess need for primary prevention services in changing health care delivery system b. Conduct communicable disease investigation and surveillance activities</p>	<p>a. PCHC resources b. PCHC resources and PHEP contract</p>	<p>a. 2015-2017 Nursing b. Epi</p>	<p><i>a. Need to spend more time with the data to continue to identify gaps in service, although KTCH has been working on identifying gaps in this area. New tools are available to provide more specific data</i> <i>b. Conducted 300 communicable disease investigations through October plus TB cases, perinatal Hepatitis B, elevated blood lead follow ups and tracking influenza cases. This is an increase from 2017</i></p>
	<p>Work with partners to facilitate the use of community health workers in the county.</p>	<p>a. Participate with UM on federal contract to implement outreach program using community health workers</p>	<p>Contract funds from UM if awarded</p>	<p>2016 – 2017 Nursing – if contract awarded.</p>	<p><i>Funds not awarded. Unable to implement at this time.</i></p>