

Pettis County Health Center
Annual Report 2015

Strategic Issue	Goals	Implementation tactics	Resources	Timeline Responsible Party	Evaluation
1. Chronic Disease	1. Decrease in tobacco use	<p>1a. Work with youth group on strategies to reduce initiation of tobacco use.</p> <p>b. Address increase of e-cigarette usage and work with elected officials on possible revisions to ordinance</p> <p>c. Explore ordinance to increase age of tobacco purchase to 21 years of age (Evidence based)</p> <p>d. Identify need for additional trained providers of smoking cessation programs in the county</p> <p>e. Work through Workplace Wellness Coalition on tobacco use reduction</p>	<p>1a. Utilize CDPP funds to address required tobacco use reduction</p> <p>b and c. Continued networking with elected officials. Possible survey to identify community sentiment</p> <p>d. Possible funds to send trainer to American Lung Association program</p> <p>e. Resource materials</p>	<p>a. 2015-2016 2016-2017 MCH program nurse</p> <p>b-c 2017 Administrator</p> <p>d. 2016 Nursing</p> <p>e. 2016-2017 Administrator</p>	<p><i>a. Boys and Girls Club will be working on a tobacco use reduction program with 5-7th grade students. PCHC will work with BGC staff to develop the curriculum based upon the Making Our Mark curriculum utilized last year with 4-H students. BGC staff will implement curriculum with assistance from PCHC staff.</i></p> <p><i>d. Bothwell Regional Health Center offers this program and at this time there is not a need for additional trainers.</i></p>
	2. Participate in implementation of community action plan to address obesity and lack of physical activity .	<p>2 a. Identify those areas of Healthy Community Partnership (HCP) plan which PCHC is identified to implement</p> <p>b. Support Healthy U</p> <p>c. Expand Eating from the Garden/Community Garden program</p> <p>d. Support community center through Health Impact Assessment (HIA)</p> <p>e. Implement demonstration</p>	<p>a. Staff time</p> <p>b. Provide financial support to Health U as well as staff time for coaches.</p> <p>c. CDPP grant provides support for community gardens. Work with WWC partners and schools.</p> <p>d. Staff time for HIA review and promotion</p> <p>e. Utilize CDPP funds to</p>	<p>a. 2015-2017 Administrator WIC Coordinator Nursing</p> <p>b. 2015-2017 Nursing</p> <p>c. 2015-2017 Nursing, WIC Administrator</p> <p>d. 2015-2016 Administrator</p> <p>e. 2015-2016</p>	<p><i>a. The Blue Ribbon Health and Wellness Committee reviews the HCP plan and PCHC continues to work on Adolescent Health and Breastfeeding and support for Healthy U.</i></p> <p><i>b. PCHC staff serve on Healthy U planning committee as well as PCHC provided financial support through CDPP funds.</i></p> <p><i>c. PCHC is supporting the community garden being developed at Sacred Heart. We</i></p>

	project for 12345 Fit Tastic in partnership with faith based community and school	implement project	Administrator	<p><i>have also supported community gardens at 2 childcare facilities and introduced Eating from the Garden to Whittier school, but no response.</i></p> <p><i>d. PCHC staff has worked with MU partners on HIA as well as presented preliminary outcomes at Workplace Wellness Coalition meeting.</i></p> <p><i>e. 12345 demonstration project has started with faith based community and school. Monthly program plans have been developed and are being implemented.</i></p>
3. Development of workplace wellness coalition	<p>a. Continue monthly planning meetings</p> <p>b. Continue quarterly coalition meetings</p> <p>c. Increase active participants in coalition</p>	a-c Coalition supported by HEAL funds	2015-2017 Administrator Staff dedicated to HEAL project	<p><i>a-c There have been 2 quarterly WPW Coalition meetings and monthly planning meetings. Schedule for 2016 has been prepared. Community challenge winners recognized. There are now over 25 businesses participating in walking challenges</i></p>
4. Smoking among pregnant WIC clients	<p>a. Monitor smoking pregnant clients through WIC</p> <p>b. Encourage participation in smoking cessation programs</p> <p>c. Pursue enrollment in program to provide diapers for women who stop smoking</p>	<p>a-b WIC funds</p> <p>c PCHC resources</p>	<p>a-b 2015-2017 WIC staff</p> <p>c 2016 Nursing</p>	<p><i>a-b WIC staff discuss tobacco use cessation with all WIC clients and encourage participation in cessation programs. No requests for individual program for WIC clients</i></p>
5. Breastfeeding sustainment rate	<p>a. Support Baby Café</p> <p>b. Encourage establishment of lactation areas in businesses</p>	<p>a WIC funds and community donations</p> <p>b HEAL funds</p>	<p>a-b 2015-2017 WIC staff and Breastfeeding Coalition</p>	<p><i>a-b Baby Café celebrated first anniversary with 75 different women served. Promotion of first Tuesday classes continues. Through HEAL funds, 10 businesses in Sedalia were</i></p>

					<i>recognized by DHSS as Breastfeeding Friendly Workplaces</i>
	6. Social determinants of health	a. Complete HIA on housing issues b. Work with coalition on emergency shelter and sustainable housing c. Monitor socio-economic status indicators in the county	a-c PCHC resources	a 2015 – Intern with Administrator b-c 2015-2017 Administrator	<i>a. HIA draft is completed and awaiting final review by the administrator. Will be submitted to the city administrator and council. b. Emergency shelter development is proceeding slowly. Working to encourage including health programs in any shelter program. c. County data is used in preparing contracts and other documents</i>
	7. Chronic mental health issues	a. Continue to serve on Stepping Up initiative committee to address mental health issues in jail population b. Identify strategies to improve mental health services in collaboration with current mental health service providers c. Work with community groups to address funding options for improving mental health services	a-b PCHC resources c. Identify grant opportunities available through partnership with other agencies	a-b 2015-2016 Administrator c 2016-2017 Administrator	<i>a-b. Administrator has been serving on Stepping Up committee as well as having discussions with sheriff regarding available county resources. Participated as part of the emergency room diversion program through Burrell.</i>
2. Injury prevention	1. Lead the West Central Missouri Safe Kids Coalition to reduce unintentional injuries to children in the county.	a. Sponsor Safe Kids Day and other activities to promote safety for children b. Focus on bike safety per the MCH focus	a. Safe Kids work is covered by Safe Kids grant and MCH contract funds b. MCH contract funds	a-b 2015-2017 MCH program coordinator Safe Kids Coordinator	<i>a-b Safe Kids Coalition was recognized as best new coalition in the United States. Safe Kids Day in April served 100 adults and children. Bike rodeo held in conjunction with Cub Scouts in July and coordinated by PCHC in September.</i>
	2. Work with county groups	a. Partner with Sheriff's department and Coroner's	a. PCHC resources b. MCH contract funds	a. 2015-2017 Administrator	<i>a. Meeting with Sheriff and members of Mid-MO Drug Task</i>

	addressing issues related to unintentional drug overdoses	office to monitor overdoses b. Work with Adolescent Health Coalition on Community Readiness assessment		b. 2015-2017 MCH, Nursing	<i>Force to discuss heroin in Pettis County and ways to reduce impact. b. Adolescent Health Coalition working on starting Community Readiness Assessment to address substance abuse issues.</i>
	3. Work with Sedalia Senior Center to address injury prevention in the senior population to include fall prevention and driving safety.	a. Work with Senior Center director to assess opportunities for educational programs on fall prevention and driving safety b. Coordinate provision of educational programs as requested c. Explore options at senior living facilities	a-c PCHC resources	a. 2016-2017 Nursing	<i>a. Initial discussion with Senior Center director regarding programing. Providing educational programing at Senior Center is always a challenge as participants are most interested in socializing</i>
3. Improve adolescent health and mental health	1. Work with community partners to provide effective contraception services to the at risk adolescent population.	a. Assess need for provision of LARC in the community b. Assess continued need to provide family planning services in the community	a-b PCHC resources	2016-2017 a-b Nursing	<i>Next year</i>
	2. Work with the Adolescent Health Coalition to decrease the rate of STD.	a. Provide educational outreach to students on reproductive health issues b. Increase opportunities for condom distribution c. Continue TOP program	a-b PCHC resources c TOP contract funding	a-c 2015-2017 Nursing	<i>a. Reproductive health classes are continuing at Sedalia junior and senior high schools. b. Nursing is working to re-start condom distribution in local bars. Condoms available free at front desk of PCHC. c. TOP has expanded to junior high and continued at Whittier HS and STDs are addressed. STD numbers for the past 3 years: 2013 – Chlamydia 203, Gonorrhea 42, Syphilis 2, 2014 Chlamydia 155, Gonorrhea 43, 2015</i>

					<i>provisional data through Sept – Chlamydia 155, Gonorrhea 41, Syphilis 1</i>
	3. Work with the Adolescent Health Coalition to develop a strategic plan to address adolescent mental health/substance abuse issues.	<ul style="list-style-type: none"> a. Apply for ACT funding to support strategic plan b. Conduct community readiness assessment to determine community awareness related to substance abuse issues c. Identify opportunities to work with parents and other adults to reduce substance abuse 	<ul style="list-style-type: none"> a. ACT funding received for 2015-2015 b. PCHC resources c. ACT funding 	<ul style="list-style-type: none"> a. 2015-2016 Administrator b-c 2015-2016 Adolescent Health Coalition 	<ul style="list-style-type: none"> a. <i>The Adolescent committee is working on the ACT funded plan to reduce substance abuse by developing a survey for school administrators and youth serving organizations, developing a consistent message in conjunction with Morgan county, developed a new logo and will start sharing the message through advertising and billboards in the county.</i> b. <i>Adolescent Health Coalition is working with resource specialist to conduct assessment.</i> c. <i>Discussed how to reach parents with school health personnel – parent meetings are generally poorly attended. Parents are better reached through sporting events. Also preparing presentation for civic groups</i>
	4. Work with the Adolescent Health Coalition to provide education on adolescent health issues through local schools and youth serving groups.	<ul style="list-style-type: none"> a. Continue reproductive health classes in schools b. Implement strategic plan for substance use reduction 	<ul style="list-style-type: none"> a. MCH contract funding b. ACT funding 	<ul style="list-style-type: none"> a-b 2015-2016 Adolescent Health Coalition 	<ul style="list-style-type: none"> a.-b <i>Reproductive health classes continue. Working with BGC on reducing tobacco use initiation with upper elementary/junior high age students</i>
4. Integrate PCHC in population	1. Advocate for public health in new care delivery	a. Continue to serve on Blue Ribbon Health and Wellness planning committee	a-c PCHC resources	2015-2017 a-c Administrator	<i>a-b Attending Blue Ribbon meetings and learning more about health care collaborative with U of</i>

health improvement strategies	systems being developed within Pettis County	<p>b. Monitor developments related to BRHC partnership with health care delivery partners</p> <p>c. Participate in Healthcare Coalition leadership opportunities</p>			<p><i>MO through hospital administrator.</i></p> <p><i>c. Healthcare Coalitions are focused primarily on emergency response, but also provide opportunities to understand how other communities are addressing delivery systems.</i></p>
	2.Continue to work with elected officials, community leaders and community members to emphasize the importance of public health services in the overall well-being of the community.	<p>a. Participate in community leadership events such as leadership breakfast, Chamber of Commerce, United Way</p> <p>b. Work with BRHC to conduct community assessment and publicize results</p>	a-b PCHC resources	2015-2017 a-b Administrator	<p><i>a. Present monthly at Sedalia Chamber of Commerce breakfasts to highlight work of PCHC. Attend monthly leadership breakfasts and serve on United Way board.</i></p> <p><i>b. Provided information for survey, distributing surveys through PCHC and will provide secondary data for report.</i></p>
	Provide primary prevention, screening services and communicable disease services to fill unmet needs within the community.	<p>a. Assess need for primary prevention services in changing health care delivery system</p> <p>b. Conduct communicable disease investigation and surveillance activities</p>	<p>a. PCHC resources</p> <p>b. PCHC resources and PHEP contract</p>	<p>a. 2015-2017 Nursing</p> <p>b. Epi</p>	<p><i>a. Have access to UDS data from FQHC for a snapshot of preventative services in county. Will review responses from health assessment to identify areas to promote primary prevention activities.</i></p> <p><i>b. Conducted 240 communicable disease investigations through October plus TB cases, elevated blood lead follow ups and tracking influenza cases.</i></p>
	Work with partners to facilitate the use of community	a. Participate with UM on federal contract to implement outreach program using community health workers	Contract funds from UM if awarded	2016 – 2017 Nursing – if contract awarded.	Next year

	health workers in the county.				
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